

Allergies

IgE TESTING

IgE type allergic reactions occur immediately after ingestion of a certain foods or after coming into contact with a particular inhalants (an inhaled substance), and some of these reactions can be very serious. If you have immediate symptoms from inhalants or foods, it is important to identify which food or inhalant is causing these reactions. If the total IgE level is high then it is recommended one tests further for individual food and /or inhalants to determine the cause.

All good South African laboratories offer total IgE testing as well as an extensive range of testing for all kinds of allergens. If you are concerned about a specific substance that could be causing your allergy ask your practitioner to about testing for it and treatment options if it cannot be avoided.

Other allergy testing

Further testing to try to determine the problem allergen will be selected by your practitioner and discussed with you.

DESENSITIZATION TREATMENT

Conventional desensitisation methods can help in cases where single allergens have already been detected in a person. For patients suffering from multiple allergies this process would then take several years to complete. Unfortunately conventional desensitisation comes with a significant risk of adverse effects including anaphylaxis, which means that all injections need to be administered by a doctor in a controlled environment.

Personalised desensitization (AllergoStop I) can be used without prior testing to detect the offending allergens and has no adverse effects. This type of treatment involves collecting a sample of the patient's blood, which contains all the immune system's messages regarding allergens (called antibodies). These are used to make an injectable homeopathic medicine that desensitizes the person. The medicine is completely individualized; no-one else can use it.

Personalised desensitization can help with skin allergies (dermatitis, urticaria), allergic rhinitis, asthma, and food allergies.

Personalised Desensitization (AllergoStop I): Cost: R3330.00

FOOD HYPERSENSITIVITY TESTING

Food hypersensitivity testing is designed to detect the presence of elevated IgG antibodies to specific food proteins. Research suggests that eliminating foods that are identified to have an IgG antibody response results in significant improvement in a variety of conditions like asthma,

eczema, headaches, migraine, Irritable Bowel Syndrome, functional dyspepsia, Crohns disease and juvenile obesity.

ImuPro 100: Test 90 Foods: Cost R 2480.00

ImuPro 300: Test 270 Foods: Cost R 4850.00

To make an appointment with either Dr Botha or Dr Davidson please contact their receptionist on 0117871221.